What is a filling?

If you have a hole in a tooth (tooth decay) the dentist will remove the decay from your tooth and put in a filling to stop you from having pain



What happens?

Before the treatment starts, your dentist will numb the area with local anaesthetic. Your dentist will then remove the decay from your tooth using special equipment. This can sometimes make a noise, but it is nothing to worry about.

With the decay removed there will now be space in your tooth which will be filled with a filling material. The hole must be filled to prevent bacteria build up in the area and to protect your tooth from getting further decay.

After the cavity is filled, your dentist will smooth the tooth to ensure it feels comfortable when you bite and eat.



After

The numbness will last 2-4 hours, during this time avoid eating on the filled tooth and try to avoid hot drinks and food so you do not cause yourself injury. Your tooth may be sensitive to cold and heat for a few days or

a week. The sensitivity will settle down.

If you are concerned, please give one of our friendly receptionists a call



